

# CHOICE POINT

## STEP 17: ENGAGE WITH PASSION

*“Love life, engage in it, give it all you’ve got, love it with a passion because life truly does give back, many times over, what you put into it.”*

*Maya Angelou*

### **Peter Buffett:**

“Until one is committed there is hesitancy, the chance to draw back. Concerning all acts of initiative and creation there is one elementary truth, the ignorance of which kills countless ideas and splendid plans. The moment one commits oneself then providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in ones favour all manner of unforeseen incidents and meetings and material assistance which no man would have dreamed would come his way. Whatever you can do, or dream you can do, begin it. Boldness has genius, power and magic in it. Begin it now.”

**Brett Moran:**

“For me helping others move forward in their life, has changed my life dramatically.”

**Young person 1:**

“When I first met Brett we bonded straight away. He was basically like us as a kid and as an adult he has turned his life around and he works with kids and young adults like me who have had, not a bad childhood, but a stressful one, getting in trouble with the police, getting kicked out of schools, getting kicked out of homes, in and out of foster care and that lot. He bonds with every single one of them.”

**Brett Moran:**

“And I just think, once you can turn within yourself, because that was my kind of background, once I looked at myself I was able to help them. Just kind of rub off on them really, I'm not doing it for the money, I'm doing it for the love I suppose, just to be kind to each other and just let each other know we are in the same position and there is someone to help”

**Young person 1:**

“Before I met Brett there was like, there was only one place I would have been going if I carried on and that place would have been jail. I was on my last warning with the police and like you get a criminal record for seven years. You've got to wipe the slate clean by having seven years without doing nothing with the police. And then obviously when I met Brett he's been in trouble with the police, and yet he's gone down a different path. He chose to live his life, get a nice job, work with kids; he's had a family and that lot. Whereas I though once in trouble with the police always in trouble with the police and he's just proved me wrong basically.”

**David Hamilton:**

“The stuff that we give our attention to, our dominant thinking, that does actually create the opportunities in our lives but an opportunity might be something floating around there, but unless you actually interact with that opportunity to physically do something it might not well happen. Sometimes stuff does actually just happen, but my experience is that a lot of times you actually physically got do something; you've got to physically take that opportunity you have attracted to yourself. If you've attracted a person to yourself then it takes you to physically talk to that person and gain or exchange in some kind of way and build upon that.”

**Brett Moran:**

“I suppose once I helped myself, once I'd really looked at myself, I was able to offer that support, that help, hopefully that guidance, to them, even though they do give me some grief at times! It's still amazing to see them grown and to take control of their life.”

**Young Person 2:**

“And like he's made our future a lot better and turned everything around, that's what he's helping us doing, instead of leading the wrong path, rather than mucking up our future and ending up in prison or something. But he's given us the right head to go down a better road and have a better life for ourselves and get a future and the things we want to do.”

**Young Person 1:**

“There's loads of things I could do. Like I've got into a football team now, since I'd only played for my school football team before I met Brett. I've just been off doing different things, not hanging around in gangs and drinking on the streets and that lot. I go to college which stops me from being out on the streets late at night as I have to be up early in the morning, and my cousin needed someone to play for his football team so I went and played for his football team.”

My mum even says I have turned my life around altogether. Which she is happy with, so obviously my Dad is as well and I'm happy with myself really."

**Young Person 3:**

"Brett gives me advice on what to do and gives me good advice about the future and what I can have."

*"Thinking is the hardest work there is.*

*Which is probably the reason why so few engage in it." -Henry Ford*

**Robert E Quinn:**

"As you and I act, that we create the data to ponder and to assess to get the insight or the principle of what to do that's going to take us where we need to go. If we take the religious concept of faith, what is faith? It's the courage to act in the face of uncertainty, its adaptive confidence; I can move forward and learn as I go. That notion of setting a purpose and then learning our way there in real time. Everything in life repels from that, doesn't want to do that, but that's the essence of becoming a master whether its understanding something about medicine, or understanding horses, or understanding whatever we become the master at."

**Richard Branson:**

“Here in Ulusaba we have a beautiful game reserve, one of the most beautiful in Africa, but we have a community around it and I think it’s very important that if you have a workplace anywhere in the world that you do everything you can to look after the community around it. And the first major thing we did was to set up a clinic in the area, 25% of the population have HIV and 25% would have died within six years without the clinic because there wasn’t one. And this weekend we actually brought a wonderful team in to help give people hearing aids. Somebody who just has not been able to hear at all and I’d been trying to talk to him as close to his ears as possible then Suddenly being able to hear in both ears was one of the most emotional moments of my life. It was like giving life back again. It was just incredible. I think you get the most satisfaction in life from giving and seeing the joy in their face when they suddenly could hear. We wanted to scream with happiness and in fact on the way back in the vehicle we literally did all have a massive scream for happiness. And it’s a great feeling.

*“There is always something to do, there are hungry people to feed, naked people to clothe, sick people to comfort and make well, and while I don’t expect you to save the world, I do think it’s not asking too much for you to love those with whom you sleep, share the happiness of those whom you call friend, engage those around you who are visionary and remove from your life those who offer depression, despair and disrespect.”* Nikki Giovanni

**Robert Quinn:**

“When we become deeply mindful of a subject, when we master a subject we can see things other people can't see. And when we can see that and we also know how to relate that to those other people to help them see we bring forward the future that's trying to come into being anyway”

**Richard Branson:**

“We bring twice a year a whole bunch of entrepreneurs down here to have a great holiday, have a great time but also to see how they can help Africa. And actors as well, Christian Slater came down and has been down here four or five times, the actor, and fallen in love with the place. This is the second crèche he has actually funded and set up. And it's just fantastic seeing all those kids bouncing in there and so excited about having a school to go to and obviously the happiness in the teachers faces and the parents faces.”

**Young Person 2:**

“ the things I've done today, like climbing on trees, going on a zip thing, which was pretty mental but still enjoyable, jumping from tree to tree onto a net. It's been brilliant. I've really enjoyed myself.”

**Young Person 1:**

“Best thing I've done in my life really”

**Richard Branson:**

“Just don't take no for an answer. If you believe in what you are doing, many people will tell you why you are mistaken and why it will never work. But if you really believe passionately in what you are doing then keep going, keep pushing on, keep pushing on at least until you either succeed or you realise it's not going to happen. And then if you don't succeed pick yourself up and try again. And ultimately if you are that determined you will succeed in life and if you don't you will have a hell of a lot of fun trying.”

**HH The 17<sup>th</sup> Karmapa**

“To take this responsibility you have to be like a stone. Unchangeable. Unshakable. Better like a mountain. No matter how strong the waves are it will never move.”

**Gregg Braden:**

“There's a great secret that forms the core of some of our most ancient and cherished indigenous and spiritual traditions regarding our ability to create and manifest in the world. And it's all about this magical and mystical mysterious place called the space in between. The space in between. In the ingenious traditions for example at the end of the day the sun disappears from the horizon. So the sun has gone and it's no longer daylight but it's not quite night. It's called the crack between the worlds. And the crack between the worlds is when our ancestors say that our prayers have the greatest potency. And another crack between the worlds occurs when the sky become light in the morning but the sun has yet to rise, it's not really daytime yet but it's not night-time. It's the place in between and they say this is when our prayers are most potent. Or between every inhale of each breath and the exhale that follows there's a place that where neither exists and it's in that place where the mystical magical opportunities occur, our own science now is beginning to bear this out on even the most intimate and infinite levels of our existence in the quantum world.”

*Are you in earnest?*

*Seize this very minute!*

*Boldness has genius, power and magic in it*

*Only engage and then the mind grows heated*

*Begin and then the work will be completed.*

-Jean Anouilh

**Now you have engaged**

**Learn from the next step**

**Wisdom.**